

RUDOLF STEINER COLLEGE

A Center for Transformative Education and Artistic Renewal

Compassionate Community Facilitator Training

The Content of the Course

In the emerging complexity of organizational development, skills founded in secure emotional intelligence are increasingly valued. This course seeks to “fill your toolbox” with not only skills but also with the inner work necessary to navigate the often turbulent waters of community building.

Course participants will be guided into action-based projects within their own communities. They will use some of the most innovative paradigms for community facilitation and receive on-going guidance in implementing the tasks before them.

- **The course begins with** an exploration of the “Self” who seeks to become authentic in leadership. Each student will explore leadership capacities, through the lens of biography study and analyze personality strengths and create a plan of action for growth as a leader.

- **The middle part of the course** focuses upon tasks which help to build healthy and effective group working. Students learn many different aspects of facilitation and participation in healthy group processes, what behaviors lead toward dysfunction in a group, and how to guide groups to awareness of this.

- **The final section of the course** emphasizes organizational and institutional change processes and strategies. Students will work on bringing these processes to their own community situations and coach and support each other in doing so.

Prospective Students

The course is designed to meet the needs of two distinct groups:

- **The first student group is focused primarily upon school communities.** It will focus aspects of campus life including 1) the whole school and how Compassionate Campus processes such as adult guidance of student governance and a cross-campus buddy system creates harmony between and among the classes of students; 2) how to coach families to create a healthy and supportive parent body; and, how to use assessments of student progress and emotional health for creation of student support activities within the school.

- **The second student group will focus upon counseling** and social therapeutic dimensions innate to the practice of an Anthroposophically extended psychology. The course will 1) emphasize development of observation skills as applied to soul phenomena; 2) offer lenses for assessment of individual and social dysfunction, as well as the signs of healthy development within social processes; 3) the need to develop the capacities to see and lead from the future; and 4) strategies for resolving crises, healing social wounds, restoring empowerment, and innovatively implementing visions for healthy community development.

Timing of the Course

Participants meet three times per year, four days in the fall, winter and end of spring, over two years. Virtual webinar-based sessions will take place twice between each of the onsite practicum gatherings. Prior to each session a syllabus with required reading and preparation tasks will be provided. At the end of each session a detailed action-based assignment will be distributed to the group.

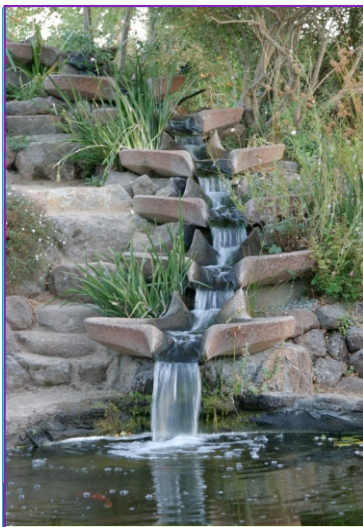
Applicant Requirements

- **Community-based working:** This course is for those seeking to apply the processes they are learning within their own community. Prospective students will need to apply and have a conversation with a director as part of admission.

- **Virtually-based interaction:** Students will need to feel comfortable accessing web-based courses once instructed in this process at the first onsite session. Students will need to own a laptop, which is web-ready and supports a webcam, and have access to the internet at a fairly high speed download capacity.

Application to the Course

Applications are available through the college. Once students have applied, course instructors will call the student for an interview to ascertain: The student's readiness for the change processes within the course; the student's ability to access community in order to fulfill course assignments; and the students familiarity with the technology requirement and ability to maintain the necessary equipment



Seminars offered by Rudolf Steiner College for Certification in **Compassionate Community Facilitator Training**

for school communities, Anthroposophical endeavors, or for those wishing to advance their professional development.

Starting Fall 2009

Taught by:

William Bento, Ph.D.,
Bonnie River, M.Ed.,
James Dyson, M.D.,
Beth Barol, Ph.D.,
Thomas Schaefer, M.A.,
Roberta Nelson, Ph.D.
Alice Stamm, TTE and
Therapeutic Eurythmist

Dates for the First Year

On site at the campus:
November 20-24, 2009
February 18-22, 2010
June 17-21, 2010

The Cost of the Course

\$3,600.00 per year



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